

2018-19 San Diego City Conference All League 1st Team

| Sport | League | 1st Team | First Name | Last Name | School | Grade Level |
|--------------------|---------|----------|------------|-------------|----------------------|-------------|
| Boys Water Polo | City | X | Tyler | Gentry | Patrick Henry | 12 |
| Boys Water Polo | City | X | Tanner | Furtak | Patrick Henry | 9 |
| Boys Water Polo | City | X | Adam | Monroe | Patrick Henry | 11 |
| Boys Water Polo | City | X | Dayvin | Mikulanis | Patrick Henry | 12 |
| Boys Water Polo | City | X | Adam | Nussbaum | Francis Parker | 12 |
| Boys Water Polo | City | X | Jason | Lynn | Santa Fe Christian | 10 |
| Boys Water Polo | City | X | Marco | Zegara | La Jolla Country Day | 11 |
| Boys Water Polo | Eastern | X | Chris Kai | Ball | Point Loma | 12 |
| Boys Water Polo | Eastern | X | Jack | Loewer | Point Loma | 12 |
| Boys Water Polo | Eastern | X | Woods | Rodi | Point Loma | 11 |
| Boys Water Polo | Eastern | X | Chase | Rodi | Point Loma | 11 |
| Boys Water Polo | Eastern | X | Jake | Stone | Clairemont | 12 |
| Boys Water Polo | Eastern | X | Derek | Kagen | Clairemont | 12 |
| Boys Water Polo | Eastern | X | Kouki | Aihara | Clairemont | 12 |
| Boys Water Polo | Western | X | Tommy | Gruwell | Cathedral | 12 |
| Boys Water Polo | Western | X | Ford | Eldredge | Bishops | 12 |
| Boys Water Polo | Western | X | Cole | Atwell | La Jolla | 12 |
| Boys Water Polo | Western | X | Andy | Rogers | Coronado | 12 |
| Boys Water Polo | Western | X | Andrew | Kuypers | Cathedral | 12 |
| Boys Water Polo | Western | X | Maximo | Carrillo | Bishops | 12 |
| Boys Water Polo | Western | X | Chris | Sturtevant | Cathedral | 12 |
| Boys Cross Country | City | X | Henry | McClish | San Diego | 11 |
| Boys Cross Country | City | X | Jose | Cardiel | San Diego | 11 |
| Boys Cross Country | City | X | Noah | Ramos | San Diego | 10 |
| Boys Cross Country | City | X | TK | Berhe | Mission Bay | 11 |
| Boys Cross Country | City | X | Alan | Zuniga | San Diego | 10 |
| Boys Cross Country | City | X | Matthew | Kinney | Clairemont | 11 |
| Boys Cross Country | City | X | Dylan | Boice-Hunt | San Diego | 11 |
| Boys Cross Country | City | X | Trevor | Reichenberg | Mission Bay | 11 |
| Boys Cross Country | City | X | Max | Marchal | Clairemont | 9 |
| Boys Cross Country | City | X | Luca | Mattioli | San Diego | 10 |
| Boys Cross Country | Eastern | X | Nader | Ali | Crawford | 12 |
| Boys Cross Country | Eastern | X | Joshua | Bauer | Point Loma | 12 |
| Boys Cross Country | Eastern | X | Hunter | Sweet | Point Loma | 12 |
| Boys Cross Country | Eastern | X | David | Millan | Mira Mesa | 10 |
| Boys Cross Country | Eastern | X | Xavier | Liberty | Mira Mesa | 12 |
| Boys Cross Country | Eastern | X | Jake | Richardson | Point Loma | 10 |
| Boys Cross Country | Eastern | X | Ian | Beck | Mira Mesa | 11 |
| Boys Cross Country | Eastern | X | Misgina | Elias | Crawford | 11 |
| Boys Cross Country | Eastern | X | Aiden | Davis | Patrick Henry | 10 |
| Boys Cross Country | Eastern | X | Joey | Buzzella | St Augustine | 11 |
| Boys Cross Country | Western | X | Ryan | Connors | Scripps Ranch | 12 |
| Boys Cross Country | Western | X | Spencer | Busby | Coronado | 12 |
| Boys Cross Country | Western | X | Giancarlo | da Silva | Scripps Ranch | 10 |

2018-19 San Diego City Conference All League 1st Team

| | | | | | | |
|---------------------|---------|---|-----------|-------------|--------------------|----|
| Boys Cross Country | Western | X | Mark | Alfred | University City | 11 |
| Boys Cross Country | Western | X | Caden | Farrow | Scripps Ranch | 10 |
| Boys Cross Country | Western | X | Keiko | Paman | Scripps Ranch | 12 |
| Boys Cross Country | Western | X | Andrew | Burns | Scripps Ranch | 12 |
| Boys Cross Country | Western | X | Blake | Levy | Cathedral Catholic | 9 |
| Boys Cross Country | Western | X | Joseph | Schafstall | Serra | 11 |
| Boys Cross Country | Western | X | Sebastian | Radilla | Cathedral Catholic | 10 |
| Girls Cross Country | City | X | Alaina | Zamorano | Christian | 10 |
| Girls Cross Country | City | X | Gioia | Ternasky | Clairemont | 10 |
| Girls Cross Country | City | X | Gabriella | Guarino | San Diego | 11 |
| Girls Cross Country | City | X | Linda | Giffing | Mission Bay | 10 |
| Girls Cross Country | City | X | Leah | Kunde | Christian | 10 |
| Girls Cross Country | City | X | Alani | Delman | San Diego | 10 |
| Girls Cross Country | City | X | Allie | Buchmann | Christian | 9 |
| Girls Cross Country | City | X | Sahvanna | Tinsley | San Diego | 10 |
| Girls Cross Country | City | X | Alexa | Gonzalez | Clairemont | 10 |
| Girls Cross Country | City | X | Amelie | Resendez | Kearny | 11 |
| Girls Cross Country | Eastern | X | Jordyn | Duby | Point Loma | 10 |
| Girls Cross Country | Eastern | X | Brooke | Rodi | Point Loma | 12 |
| Girls Cross Country | Eastern | X | Brenna | French | Point Loma | 10 |
| Girls Cross Country | Eastern | X | Tea | Akiaten | Mira Mesa | 11 |
| Girls Cross Country | Eastern | X | Adelka | Hancova | Point Loma | 10 |
| Girls Cross Country | Eastern | X | Isabella | Duldulao | Mira Mesa | 11 |
| Girls Cross Country | Eastern | X | Adriana | Leal | Mira Mesa | 12 |
| Girls Cross Country | Eastern | X | Sage | Simms | Point Loma | 12 |
| Girls Cross Country | Eastern | X | Katherine | Taylor | Point Loma | 11 |
| Girls Cross Country | Eastern | X | Megan | Rodi | Point Loma | 12 |
| Girls Cross Country | Western | X | Teresa | Perez | Coronado | 12 |
| Girls Cross Country | Western | X | Giovanna | da Silva | Scripps Ranch | 12 |
| Girls Cross Country | Western | X | Emily | Brown | Scripps Ranch | 10 |
| Girls Cross Country | Western | X | Ella | Ruff | University City | 12 |
| Girls Cross Country | Western | X | Megan | Connors | Scripps Ranch | 12 |
| Girls Cross Country | Western | X | Sofia | Van Arsdale | Coronado | 10 |
| Girls Cross Country | Western | X | Megan | Hill | Scripps Ranch | 12 |
| Girls Cross Country | Western | X | Julia | Morales | Scripps Ranch | 12 |
| Girls Cross Country | Western | X | Alyssa | Ruiz | Serra | 11 |
| Girls Cross Country | Western | X | Elizabeth | Houk | Cathedral Catholic | 11 |
| Field Hockey | Eastern | X | Lauren | Stack | UCHS | 12 |
| Field Hockey | Eastern | X | Marla | Giordano | UCHS | 12 |
| Field Hockey | Eastern | X | Emma | Podhorsky | UCHS | 10 |
| Field Hockey | Eastern | X | Maddie | Taylor | Clairemont | 11 |
| Field Hockey | Eastern | X | Kaela | Estrada | Clairemont | 12 |
| Field Hockey | Eastern | X | Catalina | Dorado | Mira Mesa | 12 |
| Field Hockey | Eastern | X | Clara | Sandoval | Mission Bay | 12 |

2018-19 San Diego City Conference All League 1st Team

| | | | | | | |
|--------------|---------|-------------------|----------|-----------|---------------|----|
| Field Hockey | Eastern | X | Grace | Xitco | Point Loma | 11 |
| Field Hockey | Eastern | X | Nina | Khosla | LJCD | 12 |
| Field Hockey | Eastern | X | Jamie | Perez | Madison | 11 |
| Field Hockey | Eastern | X | Alexia | Perry | Mira Mesa | 12 |
| Field Hockey | Western | X | Jane | Onners | Serra | 12 |
| Field Hockey | Western | X | Hanna | Winn | Serra | 12 |
| Field Hockey | Western | X | Tyler | Samuelson | Serra | 12 |
| Field Hockey | Western | X | Megan | Connors | Scripps | 12 |
| Field Hockey | Western | X | Jolie | Riedell | Scripps | 12 |
| Field Hockey | Western | X | Erin | Burgess | Scripps | 11 |
| Field Hockey | Western | X | Lila | Browne | Bishops | 11 |
| Field Hockey | Western | X | Melanie | Schwimmer | Bishops | 12 |
| Field Hockey | Western | X | Morgan | Hansen | La Jolla | 12 |
| Field Hockey | Western | X | Serene | Liu | La Jolla | 12 |
| Field Hockey | Western | X | Allison | Arend | Patrick Henry | 12 |
| Football | Central | Linebacker | Allen | Scott | Serra | 12 |
| Football | Central | Defensive Line | Aren | Cobb | Serra | 12 |
| Football | Central | Linebacker | Bryce | Alexander | Coronado | 12 |
| Football | Central | Defensive Back | Tyler | Buckley | Coronado | 11 |
| Football | Central | Defensive Line | Jacob | Mckanry | Coronado | 11 |
| Football | Central | Linebacker | Marlow | Jenkins | Crawford | 11 |
| Football | Central | Defensive Back | Malachi | Batie | Crawford | 11 |
| Football | Central | Defensive Back | Mark | Gengvich | Serra | 10 |
| Football | Central | Defensive Line | Kyle | Vargas | Hoover | 12 |
| Football | Central | Defensive Back | Jayden | Ferrar | Coronado | 10 |
| Football | Central | Linebacker | Anthony | Jones | Serra | 12 |
| Football | Central | Quarterback | Tim | Zebroski | Serra | 11 |
| Football | Central | Running Back | Dustan | Ellison | Serra | 10 |
| Football | Central | Offensive Lineman | Ray | Garcia | Serra | 12 |
| Football | Central | Wide Reciever | James | Witthoft | Coronado | 11 |
| Football | Central | Quarterback | Colter | Maldonado | Coronado | 11 |
| Football | Central | Offensive Lineman | Phillip | Simpson | Coronado | 11 |
| Football | Central | Wide Reciever | Bobby | Driver | Crawford | 12 |
| Football | Central | Quarteback | Kevin | Luong | Crawford | 10 |
| Football | Central | Running Back | Azaiah | Pinkston | Hoover | 11 |
| Football | Central | Offensive Lineman | Ruben | Llamas | Hoover | 12 |
| Football | Central | Offensive Lineman | Giovanny | Gutierrez | Clairemont | 11 |
| Football | City | X Defense | Eric | Orfanos | San Diego | 12 |
| Football | City | X Defense | Jayden | Wickware | San Diego | 12 |
| Football | City | X Defense | Charles | Johnson | San Diego | 12 |
| Football | City | X Defense | D'Marco | Wyatt | Kearny | 12 |
| Football | City | X Defense | Hayden | Lundy | Kearny | 12 |
| Football | City | X Defense | Demeiko | Hill | Kearny | 12 |
| Football | City | X Defense | Joey | Murgo | Scripps Ranch | 11 |

2018-19 San Diego City Conference All League 1st Team

| | | | | | | |
|----------|---------|-----------|----------|-------------|--------------------|----|
| Football | City | X Defense | Mekhi | Shaw | Scripps Ranch | 11 |
| Football | City | X Defense | Ethan | Gomez | Patrick Henry | 12 |
| Football | City | X Defense | Miguel | Cacho | Patrick Henry | 12 |
| Football | City | X Defense | Bryan | Romero | Mission Bay | 12 |
| Football | City | X Offense | Raiden | Hunter | San Diego | 12 |
| Football | City | X Offense | Quinn | O'Connor | San Diego | 12 |
| Football | City | X Offense | Jonathan | Oregel | San Diego | 12 |
| Football | City | X Offense | Kenyon | Williams | Kearny | 12 |
| Football | City | X Offense | Duce | Reynolds | Kearny | 12 |
| Football | City | X Offense | Devon | Jones | Kearny | 12 |
| Football | City | X Offense | Alijah | Jones | Scripps Ranch | 12 |
| Football | City | X Offense | Rashad | Griffin Jr. | Scripps Ranch | 11 |
| Football | City | X Offense | Jacob | Aderlman | Patrick Henry | 12 |
| Football | City | X Offense | Nick | Tropio | Mission Bay | 12 |
| Football | City | X Offense | Evan | Aguon | Mission Bay | 11 |
| Football | Eastern | X Defense | Bryce | Riepl | Christian | 12 |
| Football | Eastern | X Defense | Garrett | Rosenthal | Christian | 12 |
| Football | Eastern | X Defense | Marcus | Dean | Mira Mesa | 12 |
| Football | Eastern | X Defense | Duval | Warner | Mira Mesa | 12 |
| Football | Eastern | X Defense | Elijah | Thomas | Mira Mesa | 11 |
| Football | Eastern | X Defense | Devin | Brown | Morse | 12 |
| Football | Eastern | X Defense | Michael | Wright | Morse | 12 |
| Football | Eastern | X Defense | Langston | Aron | La Jolla | 12 |
| Football | Eastern | X Defense | Shamar | Martin | Morse | 12 |
| Football | Eastern | X Defense | Isaiah | Thompson | Morse | 12 |
| Football | Eastern | X Defense | Erik | Torres | UC | 12 |
| Football | Eastern | X Offense | Owen | Easley | Christian | 12 |
| Football | Eastern | X Offense | Alex | Gonzalez | Christian | 12 |
| Football | Eastern | X Offense | Javior | Jimenez | Christian | 12 |
| Football | Eastern | X Offense | Duncan | Hunter | Christian | 12 |
| Football | Eastern | X Offense | Noah | Tumblim | Mira Mesa | 12 |
| Football | Eastern | X Offense | Albert | Lemon | Mira Mesa | 12 |
| Football | Eastern | X Offense | Javelle | Brown | Mira Mesa | 12 |
| Football | Eastern | X Offense | Gabe | Solis | La Jolla | 12 |
| Football | Eastern | X Offense | Kevin | Zupkas | La Jolla | 12 |
| Football | Eastern | X Offense | Casey | Granfors | UC | 12 |
| Football | Eastern | X Offense | Gunnar | Gray | UC | 11 |
| Football | Western | X Defense | Jordan | Allen | Cathedral Catholic | 11 |
| Football | Western | X Defense | Ethan | Simley | Cathedral Catholic | 12 |
| Football | Western | X Defense | Nick | Guerena | Cathedral Catholic | 12 |
| Football | Western | X Defense | J.T. | Penick | St. Augustine | 12 |
| Football | Western | X Defense | Eavan | Gibbons | St. Augustine | 11 |
| Football | Western | X Defense | Connor | Heffler | St. Augustine | 11 |
| Football | Western | X Defense | Terzoli | Christian | Point Loma | 12 |

2018-19 San Diego City Conference All League 1st Team

| | | | | | | |
|--------------|---------|-----------|----------|-------------|--------------------|----|
| Football | Western | X Defense | Skinner | JL | Point Loma | 12 |
| Football | Western | X Defense | Don | Chapman | Lincoln | 12 |
| Football | Western | X Defense | T'Ray | Kirkland | Lincoln | 12 |
| Football | Western | X Defense | Dylan | Mack | Madison | 12 |
| Football | Western | X Offense | Logan | Berzins | Cathedral Catholic | 11 |
| Football | Western | X Offense | Ross | Maseuli | Cathedral Catholic | 10 |
| Football | Western | X Offense | Shawn | Poma | Cathedral Catholic | 12 |
| Football | Western | X Offense | Angelo | Peraza | St. Augustine | 11 |
| Football | Western | X Offense | Sam | Scaife | St. Augustine | 11 |
| Football | Western | X Offense | Ke'ontae | Springs | Madison | 11 |
| Football | Western | X Offense | Wes | Windmiller | Point Loma | 12 |
| Football | Western | X Offense | Jamahd | Monroe | Lincoln | 12 |
| Football | Western | X Offense | Kenan | Christon | Madison | 12 |
| Football | Western | X Offense | Daniel | Stokes | Madison | 12 |
| Football | Western | X Offense | Josh | Simmons | Madison | 10 |
| Girls Golf | Eastern | X | Lynn | Pham | University City | 9 |
| Girls Golf | Eastern | X | Jahzara | Wilson | San Diego | 10 |
| Girls Golf | Eastern | X | Bibian | Kim | Mission Bay | 9 |
| Girls Golf | Eastern | X | Julie | Whitehill | University City | 11 |
| Girls Golf | Eastern | X | Catie | Kawamura | San Diego | 12 |
| Girls Golf | Eastern | X | Bella | Bertram | San Diego | 10 |
| Girls Golf | Western | X | Lauren | Gomez | Point Loma | 10 |
| Girls Golf | Western | X | Crista | Izuzquiza | Coronado | 11 |
| Girls Golf | Western | X | Mary | Damian | Point Loma | 10 |
| Girls Golf | Western | X | Catalin | Yturalde | OLP | 12 |
| Girls Golf | Western | X | Brooke | Ryback | OLP | 10 |
| Girls Golf | Western | X | Ruhee | Pandit | Scripps Ranch | 10 |
| Girls Tennis | City | X | Kaitlyn | Lov-Troung | University City | 10 |
| Girls Tennis | City | X | Isabelle | Wade | University City | 12 |
| Girls Tennis | City | X | Lauren | Mansey | Christian | 12 |
| Girls Tennis | City | X | Addy | Barajas | Christian | 12 |
| Girls Tennis | City | X | Jessica | Abouserhaul | Clairemont | 12 |
| Girls Tennis | City | X | Charlee | Fitzmaurice | Clairemont | 10 |
| Girls Tennis | City | X | Audrey | Jason | University City | 10 |
| Girls Tennis | City | X | Cissy | Letter | University City | 9 |
| Girls Tennis | City | X | Kellsie | Dang | Madison | 12 |
| Girls Tennis | City | X | Rara | Watanabe | Madison | 12 |
| Girls Tennis | City | X | Thuy | Nguyen | Madison | 12 |
| Girls Tennis | City | X | Nikki | Krypton | Madison | 12 |
| Girls Tennis | Eastern | X | Olivia | Tracey | Patrick Henry | 11 |
| Girls Tennis | Eastern | X | Toria | Tolley | Patrick Henry | 11 |
| Girls Tennis | Eastern | X | Kalea | Gurfield | Serra | 12 |
| Girls Tennis | Eastern | X | Valerie | Tran | Mira Mesa | 10 |
| Girls Tennis | Eastern | X | Hannah | Albright | Patrick Henry | 11 |

2018-19 San Diego City Conference All League 1st Team

| | | | | | | |
|------------------|---------|---|-----------|-------------|---------------------|-----|
| Girls Tennis | Eastern | X | Laura | Burger | Patrick Henry | 9 |
| Girls Tennis | Eastern | X | Amnada | Martin | Patrick Henry | 12 |
| Girls Tennis | Eastern | X | Avery | Swain | Patrick Henry | 12 |
| Girls Tennis | Eastern | X | Jamie | Kuang | Mira Mesa | 10 |
| Girls Tennis | Eastern | X | Vivian | Ngo | Mira Mesa | 11 |
| Girls Tennis | Eastern | X | Eliza | Galang | Mira Mesa | 12 |
| Girls Tennis | Eastern | X | Leila | Relucio | Mira Mesa | 12 |
| Girls Tennis | Western | X | Jolie | Morgan | Academy of Our Lady | 10 |
| Girls Tennis | Western | X | Summer | Vu | Coronado | 12 |
| Girls Tennis | Western | X | Elsa | Ostermarker | Coronado | 11 |
| Girls Tennis | Western | X | Lily | Vu | Coronado | 10 |
| Girls Tennis | Western | X | Olivia | Doehr | La Jolla | 12 |
| Girls Tennis | Western | X | Peyton | Westwood | La Jolla | 11 |
| Girls Tennis | Western | X | Alejandra | Gonzalez | Coronado | 10 |
| Girls Tennis | Western | X | Marla | Steel | Coronado | 10 |
| Girls Tennis | Western | X | Ellie | Johnson | Coronado | 10 |
| Girls Tennis | Western | X | Samantha | Russell | Coronado | 11 |
| Girls Tennis | Western | X | Hana | Julazadeh | Scripps Ranch | 12 |
| Girls Tennis | Western | X | Hannah | Mora | Scripps Ranch | N/A |
| Girls Volleyball | Central | X | Becky | Visoso | Madison | 12 |
| Girls Volleyball | Central | X | Aislin | Bigbee | Madison | 12 |
| Girls Volleyball | Central | X | Leila | Do | Madison | 12 |
| Girls Volleyball | Central | X | Joanne | Pany | Morse | 12 |
| Girls Volleyball | Central | X | Danica | Corpuz | Morse | 11 |
| Girls Volleyball | Central | X | Kacey | Logan | Kearny | 11 |
| Girls Volleyball | City | X | Sarah | Stalen | Serra | 12 |
| Girls Volleyball | City | X | Camila | Rodriguez | Serra | 11 |
| Girls Volleyball | City | X | Amy | Ballesteros | Mira Mesa | 11 |
| Girls Volleyball | City | X | Abby | Lindsay | Clairemont | 12 |
| Girls Volleyball | City | X | Adreinne | Cummings | Clairemont | 11 |
| Girls Volleyball | City | X | Malea | Kealoha | Hoover | 12 |
| Girls Volleyball | Eastern | X | Avery | Crower | Patrick Henry | 12 |
| Girls Volleyball | Eastern | X | Jasmine | Tapia | Patrick Henry | 12 |
| Girls Volleyball | Eastern | X | Bethany | Kepner | Mission Bay | 12 |
| Girls Volleyball | Eastern | X | Delaney | Dunham | Coronado | 12 |
| Girls Volleyball | Eastern | X | Leyla | Blackwell | La Jolla | 11 |
| Girls Volleyball | Eastern | X | Maya | Gessner | La Jolla | 11 |
| Girls Volleyball | Western | X | Karena | Wurl | Cathedral | 12 |
| Girls Volleyball | Western | X | Yazmin | Pitpit | Scripps Ranch | 12 |
| Girls Volleyball | Western | X | Sabrina | Hardisty | Scripps Ranch | 12 |
| Girls Volleyball | Western | X | Peyton | Wilhite | Cathedral | 12 |
| Girls Volleyball | Western | X | Madison | Endsley | Cathedral | 11 |
| Girls Volleyball | Western | X | Kylie | Como | Point Loma | 12 |